CF 601 Psychodynamic Psychology III: Object Relations I: Seminal Works and Concepts in the British Tradition

Fall 2009

Scott Harms Rose, MSW, Ph.D.
30 N. Michigan Ave., Ste. 829
Chicago, IL 60602-3462
Office: 312.201.0606
Office Fax: 312.201.0707
Cell: 773.350.9282
Home: 773.384.4480
scott@scotthrose.com
[Note: Please do not leave voicemail, email, or any papers for me through the Institute, as I do not have an office there.]

Course Objectives:

1. To familiarize students with the history of and core theoretical concepts within the British object relations tradition, emphasizing the contributions of Melanie Klein, W.R.D. Fairbairn, and D.W. Winnicott.
2. To promote understanding of the internal object (as distinct from the environmental object) as it both animates and informs the intrapsychic (phantasy) and relational (interpersonal) dimensions of emotional life.
3. To enhance integration of seminal object relations concepts – the internal object, schizoid and depressive anxieties, object usage, projective identification, unconscious phantasy, and transference/countertransference processes – into an understanding of clinical and sociocultural phenomena.

Required Texts:


Course Requirements:

All readings are required. Students must come to class prepared to reflect upon and integrate the readings into the classroom discussion. Students also should be prepared for each class session to talk informally about an example of that session’s selected concept, as they’ve experienced it in clinical work.

Students will take a final, take-home exam as the major assignment for the course. The exam will consist of five essay questions, from which students select four to complete. Each question will involve exploration of one of the major concepts from the course, and the answer to each question may not exceed three
The completed final exam should not exceed a total of 12 pages. The completed final exam must contain appropriate citations (conforming to APA format, and from sources primarily from within course readings), and will be evaluated on quality of writing, clarity of description, and conceptual understanding. Students should not cite lecture notes in final exams; and they should include in each answer the number of the question they’re answering. Plagiarism of any kind will not be tolerated.

The completed exam must be submitted via email one week after the final class session. Students are responsible for ensuring that the instructor has received their submitted final exams. The instructor will complete standard grade forms, and also send comments about final exams to students via email; however, the instructor will keep the final exams in case of questions about grades. After a year, the instructor will shred them.

Grading will be based on the following: Quality of class participation: 40%, Final Exam: 60%

The course is taught in a lecture/discussion format. Therefore, class attendance is required. For students who miss more than one class session (excepting a personal emergency), the overall course grade will be lowered one level. Students who miss more than two class sessions will automatically fail the course (in cases of personal emergency, the student will be asked to withdraw from the course and retake it the following year).

Except in cases of extreme personal emergency (requiring permission from the instructor before the last class day), there will be no “incompletes” given for the class. An assignment turned in late will not be accepted.

Reading List:

CLASS 1: THE BRITISH PSYCHOANALYTIC TRADITION


CLASS 2: THE INTERNAL OBJECT AND UNCONSCIOUS PHANTASY


CLASS 3: PRIMITIVE ANXIETIES, THE BAD OBJECT, AND THE SCHIZOID SITUATION IN MELANIE KLEIN


CLASS 4: PRIMITIVE ANXIETIES, THE BAD OBJECT, AND THE SCHIZOID SITUATION IN FAIRBAIRN AND WINNICOTT


CLASS 5: THE DEPRESSIVE POSITION


CLASS 6: OBJECT USAGE


CLASS 7: PROJECTIVE IDENTIFICATION


CLASS 8: TRANSFERENCE AND COUNTERTRANSFERENCE


Contents Copyright, Institute for Clinical Social Work