This course is an introduction to the basic concepts of self psychology. Through the works of Heinz Kohut, his colleagues and subsequent generations of self-psychological thinkers, we will examine the evolution of central ideas and their application to a range of clinical questions.

Goals:
• To achieve a working knowledge of the central concepts of self psychology
• To recognize how these central concepts continue to evolve in current psychoanalytic thinking
• To enhance the application of self psychological concepts to clinical work

Required Text:
There is no required text but below is a book suggested as a good Kohut primer. There is an assigned reading and several optional readings from this text. The assigned readings will be available in PDF format.

Written Work:
All written work should follow APA style. Please consult APA for citations. Papers must be double-spaced. Please edit your work. If you are submitting your work via email, put your name in the file document name.

Readings:
Students are expected to read all assigned readings. Students will present a summary of at least one of the original readings. Please feel free to bring case examples to class that might illustrate the concepts we are examining.

Evaluation of Learning:
Attendance is mandatory. If a class is missed, a make-up activity will be negotiated with the instructor(s). If absence is necessary, students must inform the instructors by email or voice mail.

More than two absences may result in failure.

Each student is responsible for an oral presentation on one or two readings chosen in the first class. The oral presentation will:
• Summarize key points
• Explain concepts
• Raise questions about the concepts inviting further explanation
• Presentations should be 15 to 20 minutes in length
• Include written, informal notes/outline regarding the presentation given to the instructor after the presentation

There will be a midterm and a final paper. The midterm will be due one week after the fourth class. It will consist of 4-5
open book essay questions. These questions will be provided on or before the 3rd class.

The final will consist of an 8 to 10 page paper. It will be due midnight of the last scheduled class meeting. If it is emailed, make sure your last name in the file document name. The final paper assignment is on page 3 of this syllabus.

- Midterm is 25% of grade.
- Final Paper is 35% of grade.
- Class Participation is 20% of grade.
- Oral Presentation is 20% of grade.

**Final Paper Assignment**

**CF601 Psychodynamic Psychology IV: Self Psychology**

Spring 2013

Choose one of the following concepts:

- Empathy
- Self object experience
- Development of the Self
- Transference
- Narcissistic rage
- Shame
- Trauma
- Disavowal
- Restoration and vitality of the self

Using at least three authors referenced in this class, discuss the concept from a self-psychological perspective. The citations need not be from the assigned or optional readings. You may want to compare the similarities and differences between the authors or trace the development of the concept. Although you are focusing on one concept, other concepts may be included in your discussion. Apply that concept to a case and demonstrate how your increased knowledge of the concept influences a specific treatment dynamic and/or assessment of the person.

This paper should be 8-10 pages long and in APA format.

It is due by midnight the day of the last class via email in Word format.

**Class Topics and Assigned Readings:**

**Class 1: Introduction and Empathy**


Optional


Class 2: Self Object Experience


Optional

Class 3: Development

Stern, D (1983) The early development of schemas of self, other, and "self with other". In J. Lichtenberg & S. Kaplan (Eds.), Reflections on self psychology 49-83. PEP

Optional

Class 4: Transference I

Kohut, H. (1979). The Two Analyses of Mr. Z. Int. J. Psycho-Anal., 60:3-27. PEP.

Optional

Class 5: Transference II


**Class 6: Narcissism and Rage**


**Class 7: Trauma and disavowal**


**Class 8: Contemporary thoughts in self psychology**


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