Case Presentation Outline

Current Case Presentation Outline - DP
The following is the outline for the ICSW Clinical Presentation write-up. In addition to the write-up, a process recording of a session (or two) is required. The write-up, not including the process recording(s), should not exceed 20 pages.
1. Reasons for choosing this case for presentation
2. Difficulties and/or problems in the evaluation of this case or in the treatment process
3. Identifying information:
4. Background/reason for request of treatment (include history of previous treatment)
5. History of presenting problem
6. Relevant personal/family history
7. Discussion of Treatment Process:
a. describe the major issues that have emerged in the treatment; discuss impasses and how they were dealt with; include observable positive and negative changes in client functioning as a client in treatment
b. discuss specifically the unfolding of the transferential and countertransferential dimensions of the treatment (this is intended to be the primary focus of this section of the written case presentation)
c. if the case has terminated, discuss that process; if not, describe any continuing issues
8. Psychodynamic formulation of treatment process:
a. Tie together core anxiety(s), defensive/coping mechanisms, relation of these to relevant history, and how the resulting character is represented in transference and countertransference themes.
b. Discuss the ways in which the above (a) play out in the therapeutic process using transference and countertransference themes as foundational and organizing data. It is not necessary (or advised) to organize the analysis of the process around a singular psychodynamic theory. It is more critical that psychodynamic thinking be used organically, thoughtfully, and in an integrated way.
c Discuss why these particular psychodynamic ideas were chosen.
9. Describe what was learned from this clinical process and consultation
10. Add process recording(s) of one or two treatment sessions
a. reason for choosing this/these particular sessions